

5 Tips For Co-Parenting After Divorce

Co-Parenting

In the event of a divorce, a child often feels like their life has been completely turned upside down. Outside of extreme cases, [co-parenting](#) is often the best way forward. This helps make sure all their needs are met and that they still retain relationships with both parents. However, co-parenting does have its own challenges that need to be met. With that said, here are 5 tips for co-parenting after divorce.

Be Honest

First off, being open and honest with your child is paramount. Trying to sweep the divorce under the rug or downplay the new changes will only confuse and hurt your child. Instead, it is beneficial to have open conversations about these changes. Let your child express themselves and vice versa. Essentially, helping them understand the situation will take away their fear that the divorce is somehow their fault.

Keep Your Struggles Off Their Shoulders

As stated, being honest is important in co-parenting. However, that does not mean burdening your child with your own personal struggles after the divorce. Remember, co-parenting requires two people. Venting your own thoughts and struggles about the other person co-parenting can damage your child's relationship with the other parent. Essentially, do not burden them with something they are not equipped to handle. Your hurt and struggles have to come second to their stability.

Maintain Normalcy As Often As Possible

A divorce will shake up your child's world. Because of this, maintaining stability and normalcy when possible is highly important.

This means helping them stay close with their other friends and family, activities, hobbies, and more. In a nutshell, too much change can be overwhelming.

Communicate With Your Co-Parent

It might sound difficult at first, but communication is needed with your co-parent. Ultimately, communication is there to benefit your child and meet their needs. Clear, simple communication between co-parents will help you both understand how your child is doing and how to best raise them.

Be Respectful

Finally, you must remain respectful in front of your child. Of course, life isn't perfect, but doing your absolute best to remain civil will help your child adjust. Moreover, it will help them process everything as healthily as they can. In the end, this will help your child's relationship with both parents. Making sure they are happy, safe, and cared for is most important.

Peace Of Mind In Trying Times

Unexpected changes can be tough on you and your family. That's why we offer excellent and affordable customer care when it comes to Family Law. Let us give you peace of mind through trying times. [Contact us today](#) to learn more.

Protecting Children During a Divorce

Divorce can be emotional, dramatic, and messy. It's difficult for any adult to endure, but it's even more impactful for children. Parents often overlook the importance of protecting children during a divorce. Here are a few things you can do to help your children through this difficult time.

1 – Don't Argue Around Your Children

In the heat of the moment, we can get tunnel vision and forget about our surroundings. As a parent, you must be more conscious about interactions with your soon-to-be ex-spouse. One of the most upsetting things your kids can experience is hearing and watching you argue. Try to avoid this at all costs. If you need to argue, do so in private. Have the kids watch a movie in one room while you and your spouse discuss things in another part of the house. Send your kids over to a friend's house for a playdate. Ask a friend or family member to babysit. Your kids are far too young to understand the complexity of your arguments and emotions, so make the effort to shield them from that experience.

2 – Don't Discuss Divorce with Others While in Earshot of Your Kids

Avoid discussing your divorce near or around your kids. They hear and absorb much more than you realize. If you're getting together with a friend while your kids are playing nearby, you assume they're busy playing and not listening, but they are! With something as big as a divorce, your kids will eavesdrop at every possible moment. Even worse, they may hear something out of context or in bits-and-pieces, making the situation even more confusing to them. Be conscious of this and make sure any divorce conversations are conducted away from your children.

3 – Communicate With Your Children

Why do kids try so hard to listen in on your conversations? They want to know what's going on and they assume you are not being truthful to them. Although we don't recommend exposing your kids to the inner workings of your divorce, protecting children from divorce doesn't mean lying to them or hiding information. It's important that you communicate with your children. Help them understand what to expect and give them age-appropriate information.

4 – Come to an Agreement with Your Ex-Spouse

For the sake of your children, it's critical that you work on [communicating better with your spouse](#) and come to an agreement on things pertaining to your children. For instance, agree not to argue in front of them or make them choose sides. Agree not to bad mouth the other parent or prevent children from maintaining a relationship with the other parent. Most importantly, give your children some say in the arrangement and to listen openly to their feelings and preferences. Protecting children during a divorce is very difficult. It takes time, effort, and a commitment from both parents.

5 – Get Counseling

Lastly, there may be some things that you can't help your children with. Be sure to get counseling from experts. Whether you have an amicable or contentious divorce, it will impact your children deeply. They may not feel comfortable expressing their emotions and concerns to you, so make sure they have someone else to turn to. Providing this essential support now will reduce the trauma of your divorce and enable your children to grow into emotionally stable adults.

More Tips on Protecting Children During a Divorce

These are just a few ways of protecting children during a divorce. Depending on your personal circumstances, there may be other important steps you should take. Seeking counseling or therapy for yourself can help you be a better parent to your children during this difficult time. Whether it be from your divorce attorney, friends, family, or professionals, don't be scared to ask for help and to take steps to lessen the impact of this life changing experiencing.

At DaMore Law, we understand how challenging divorce can be on everyone in the family. Please [contact us](#) for assistance with everything from pre- to post-divorce issues. We're here to support you in all [family law](#) matters.

5 Things To Do After Divorce

Divorce can feel like it consumes your life. Although there's a definitive ending point, its impact on your life can continue for many years. It's important to recognize this and to take steps to move on. Here are 5 things to do after divorce.

1 – Update Your Estate Plan

First and foremost, [update your estate plan](#). So many divorcees forget to do this. Your ex-spouse is likely listed as a beneficiary on your will, healthcare proxy, 401(k) plan, life insurance policies, etc. It's critical that you change these right away. Although outdated terms are likely to be contested by other family members, the court process can be time consuming and expensive. You can avoid this risk by simply reviewing and updating all documents in your estate plan. [Contact our team](#) for assistance with this.

2 – Work on Building Credit

Even if you haven't missed any mortgage or credit card payments, your credit score can take a hit after divorce. This often occurs from joint accounts being closed. First, it reduces your credit available. Any balances you carry on remaining cards will represent a higher percentage of your available credit. Additionally, the age of accounts is important. Closing older joint accounts can leave only newer accounts in your credit profile. This also impacts your score. Work on rebuilding your credit by making on-time payments and allowing your accounts to age. Read our article on other [financial mistakes to avoid during divorce](#).

3 – Take Time to Heal

One of the most important things to do after divorce is to allow yourself time to heal. Your divorce may impact you much more than you realize. Don't enter into a new and serious relationship too quickly.

Think about what you truly want and need to be happy. Avoid using a new relationship as a way to make your ex-spouse jealous or angry. The best way to move on is to find true happiness and to build a better future, which takes time and cannot be forced.

4 – Get Counseling For Your Kids

Divorced parents are often so caught up in their own anger and grief that they forget the impact it can have on their kids. Some kids act out while others retreat into silence. Even if your children seem okay with the divorce, they likely have some trauma. Be sure to seek counseling for them. They may not feel comfortable expressing feelings to you for fear of hurting you or in an effort to protect you. It's important to offer a neutral party for emotional support. Also, focus on [better ways to communicate with your ex-spouse](#) to alleviate ongoing stress or burden on your children.

5 – Focus on Relationships

Lastly, focus on other relationships in your life. Did you alienate mutual friends or family members during the divorce? Do you need to repair or work to maintain certain relationships for yourself or your children? Whether you're ready to admit it or not, those relationships will be key to your future happiness and will enable you to truly move on. Take time to reflect and repair connections with your friends and family.

Summary of Things to Do After Divorce

Moving on from divorce doesn't mean that you leave everything behind. Instead, it requires an honest look at your life and decisions. Update your estate plan to protect your heirs. Actively work to rebuild credit so you can buy cars, houses, and do other things in the future. Get counseling for yourself and your kids so you can heal. Repair other relationships so they don't cause you future stress or anguish. The more intentional you are about these efforts, the quicker you will truly move on from your divorce.

Tips on Using Social Media During Divorce

For many people, social media is an integral part of daily life,... especially now, during a pandemic. It's where you share information or vent. It's where you stay connected to others and receive support. Naturally, it might be the first place you turn when going through divorce. Unfortunately, social media can make divorce complicated and contentious. If you're a social media user, here are some important tips on using social media during divorce.

1 – Assume Your Ex Can See Everything

Even if your Facebook account is private and only friends can see your comments, this doesn't mean your ex-spouse won't see anything. The reality is, you and your ex- undoubtedly have friends and acquaintances in common. It's very likely that one of them will mention to your ex or even show him/her what you've written. Assume that anything you write will be seen by your ex and possibly the divorce mediator or judge. This is one of the most important tips on using social media during divorce.

2 – Avoid Slander

During divorce, it's very common for one or both parties to exaggerate a bit and to say things to intentionally hurt the other. It's human nature and partially a defense mechanism. No matter what your security settings, social media sites are public forums. Sharing information that may not be completely true and that may damage someone's reputation can be considered slander. You could be held liable for the damage caused.

The effects of your statements may not be obvious at the time you write them. For instance, let's say you comment about how awful a person your ex is. Maybe you exaggerate a bit about some things that happened. You're so angry that you even tag your ex, so that everyone

sees it. Your ex applies for a job and the hiring manager searches social media (which is common for employers to do these days). The manager notices that another person at the company is a Facebook friend of your ex's. That friend pulls up social media to browse through information with the hiring manager, and they see your comments. They decide not to hire your ex. Could your ex argue that your slanderous posts resulted in lost employment opportunities and income? That is certainly a possibility!

3 – Think About How Your Comments Make YOU Look

Sometimes we're so caught up in our anger and intent to punish an ex for his/her actions, that we fail to see wrongdoing in our own actions. Don't make this mistake. Venting on social media can make you appear unreasonable or the antagonist. In your effort to gain support by sharing your side of the story, you may actually lose support. This is one of many [divorce mistakes commonly made](#). Also, it makes friends and acquaintances feel a bit uncomfortable. Before you share something intended to make your ex look bad, think first about how those comments might make you look.

4 – Don't Share Anything About Your Divorce

Our last and most important tip on using social media during divorce is not to talk about your divorce or your ex at all. It's really not the right forum for your grievances and it has the potential to really harm your case. As we've mentioned in previous articles, choose just one or two confidants that you trust.

Summary of Tips on Using Social Media During Divorce

Social media is not a safe place to share and vent when it comes to divorce. You should assume that your ex-spouse can see everything and that not everyone in your account supports your point of view. Even if friends do support you, the information you post can hurt those

friendships. Additionally, exaggerating or even lying can have legal consequences. For your own benefit, it's best not to use social media at all for divorce topics. For additional advice and tips on issues you may encounter in your divorce, [contact our team](#) to schedule a consultation.

4 Ways to Communicate Better With Your Ex-Spouse

Divorce is rarely the end of a relationship. When you have children and other family ties, you must still communicate with your ex- even after your divorce is settled. These interactions are often stressful, but they don't always have to be. Finding ways to communicate better with your ex-spouse ultimately benefits you, in reduced stress and greater happiness. Here are a few things you can do.

1 – Beware of Text Messaging

Whether it's with your ex or anyone for that matter, misunderstandings can occur via text messaging. It's difficult to detect tone and intent through texts. Sometimes shorthand comes off as being curt or rude, or your choice of words may simply be wrong. So, beware of text messaging. It's okay for short messages to coordinate logistics, but don't have emotional or difficult conversations via text.

2 – Stay On-Topic

Angry conversations almost always go off-topic when your ex-spouse is involved. As you argue about one thing, you naturally bring up others. The issues may be related because they result in a similar emotion or impact. However, such conversations are rarely effective for anyone involved.

For your own benefit and sanity, keep discussions on-topic. If you're looking to address a particular issue with your ex-spouse, focus on just that issue and how to best resolve it. Ask your ex- to do the same if he/she wavers off-topic. Sticking to one topic at a time is an effective way to communicate better with your ex-spouse.

3 – Give Yourself a Cool Down Period

When we're upset, we don't think clearly and we tend to say things that we regret later. This is true for just about everyone. As situations arise with your ex-spouse that make you extremely angry, give yourself some time to cool down. It's okay to tell your ex-spouse that you're not ready to talk about it yet and need a little time.

Sometimes writing down or recording what you want to say is helpful, too. There are many people who write letters or type emails that are never sent. The process of writing it down can be therapeutic and allow you to reflect on those emotions. Once your head is clear, then approach your ex-spouse to discuss the matter.

4 – Allow Some Give and Take

Remember that there should always be some give-and-take. If you take the approach that you are always right and your ex- is always wrong, you will remain in a constant state of conflict and unhappiness. In your attempt to hurt or punish your ex-spouse, you essentially hurt yourself! Whereas, if you choose to compromise, you encourage your ex-spouse to do the same. That approach leads to better communication and better outcomes for everyone involved.

Summary of Better Ways to Communicate with Your Ex-Spouse

Simply put,... by finding better ways to communicate with your ex-spouse, you improve your own quality of life. Allow yourself some time to cool down before communicating with your ex, avoid angry text messages, stay on topic, and compromise. These are all critical to reducing the stress of interactions with your ex-spouse. Be

deliberate in your approach and you'll find yourself less stressed. These tips are also helpful before and during divorce as well.

Contact our team for assistance with all divorce-related matters. Whether through [mediation](#) or [litigation](#), our team will work to ease the stress of the process and find ways to help you move on with the next stage of your life.

5 Financial Mistakes to Avoid During Divorce

Divorce creates a huge financial change to your life. If both you and your spouse worked, you'll be going from a double income household to a single income one. On top of that, you may be responsible for child support, alimony, or other payments. Those two things are impactful enough, but financial distress can be compounded by other decisions that you make. Here are a few financial mistakes to avoid during divorce.

1 – Paying Bills Late

Late payments for debts such as credit cards and loans have a big impact on your current and future financial health. First and foremost are the fees. If you are already struggling with payments, compounding late fees will only make matters worse. Additionally, payment history is reported to the credit bureaus and will dramatically reduce your credit score. Low scores lead to higher interest rates and can even prevent you from securing new lines of credit. This is one of the most important financial mistakes to avoid during divorce.

2 – Cancelling Individual Credit Cards

A very common misconception is that closing credit cards will improve your score. In fact, it has the reverse effect and here's why. One of

the biggest credit score factor is balances compared to available credit lines. For example, if you have \$10,000 in available credit across various credit cards and have \$1,000 in balances, then you're using only 10% of your available credit. If you close accounts and have only \$4,000 remaining in total credit limits, your \$1,000 balance now represents 25% of your available credit. This gives the impression that you're relying heavily on credit cards and will lower your credit score. It's therefore best to leave accounts open but with very low or zero balances. The one exception is for joint accounts.

3 – Leaving Joint Accounts Active

If you have joint accounts with your ex-spouse, you should consider closing those. If your spouse continues to use a joint account, his/her payment history (good or bad) will be reflected on your credit report. Additionally, if your ex fails to pay, you could be held liable for that debt. It's therefore best to separate accounts upon divorce. Most creditors won't simply remove a name from an account. Instead, the existing account must be closed and a new account created.

4 – Forgetting Tax Implications

Before, during, and after divorce, you will continue to file tax returns. Whether you file jointly or separately and what deductions each of you claims will impact your tax liability. Consult with a tax advisor to understand your options and to make better decisions regarding your taxes.

5 – Underestimating Living Expenses

Budgeting is extremely important after divorce. If you're not great with finances, consider hiring someone to help you with it. The most common mistake is underestimating living expenses. By creating a realistic plan, you will maintain financial stability after divorce.

Other Financial Mistakes to Avoid During Divorce

The above are just a few examples of financial [mistakes to avoid during divorce](#). There are many others that we see divorcees make. As your divorce attorneys, we can provide extra guidance and help you avoid those pitfalls. With proper counsel and a well-planned strategy, you can reduce the negative [financial impact of divorce](#). Contact us today to [schedule a consultation with our team](#).

4 Mistakes to Avoid During Divorce

A messy divorce is often a result of mistakes made by either you or your ex-spouse. This fact can be difficult to accept, but once you do, the path to divorce will be much easier since you can actively work to avoid them. Here are some common mistakes to avoid during divorce.

1 – Forcing People to Take Sides

The first and most common mistake made during divorce is forcing people to take sides. Whether out of anger or spite, couples tend to share information with anyone willing to listen. There's a natural tendency to seek confirmation that you're in the right and make the other person suffer for their wrongdoings. Unfortunately, this puts friends and family in an awkward position and may not work out the way you hope.

If your ex does the same, there's no telling whose side people will take. If your ex chooses to stay silent and take the high road, you will appear the unreasonable one. It's also possible that so much negativity causes both of you to lose friends and family in the process. Either way, no good can come from forcing people to take sides. The best approach is to find one or two confidants to vent and

share details with. Avoid oversharing with mutual friends and family.

2 – Leveraging Children

Divorce is complicated and confusing enough for adults. Imagine how difficult it must be for children to understand. When children are forced to take sides or are leveraged in a divorce, it can cause irreparable psychological harm. Unless there's a safety concern, children benefit from having a relationship with both parents. Interfering in the relationship with the other parent can cause resentment in the future. For their sake and yours, shield your children from the inner workings of the divorce and allow them to stay on good terms with both you and your ex.

3 – Bad Mouthing Your Ex

Another of the biggest mistakes to avoid during divorce is bad mouthing your ex. Whether it be in conversations with friends and family or through postings on social media, a campaign to hurt your ex's reputation can backfire. First and foremost, if you're seeking spousal or child support, tarnishing your ex's reputation may limit his/her ability to earn higher wages. Ultimately, this reduces what you may receive for support. Another consideration is how your actions may be viewed by a [mediator](#) or judge. You may gain less sympathy if your actions appear malicious. You could also face a defamation lawsuit.

4 – Purging Cash

Avoid the mistake of intentionally dwindling financial assets to hurt your spouse. This includes selling physical assets for below market value, damaging property, and/or intentionally prolonging divorce proceedings to incur unnecessary attorney and court fees. Marital assets belong to both you and your ex. Causing your ex to lose money will reduce what you may receive during or after the divorce. We've seen so many couples make this mistake and then struggle for years after. Remember that your goal is to move on after divorce and financial stability will help you do so more quickly.

Other Mistakes to Avoid During Divorce

These are just a few examples of mistakes to avoid during divorce. It's important to follow the guidance and advice of your attorney when it comes to what you should or shouldn't do. Your attorney will help you make better decisions to secure a better life for you and your children. [Contact our team](#) for assistance with your divorce case and other family law matters.

4 Divorce Mediation Tips

Mediation is an important resource when going through divorce. As we often mention, it can save money, shorten the length of the divorce process, and reduce stress. However, it only works if you approach it correctly. Here are a few divorce mediation tips to keep in mind before starting mediation.

1 – Be Willing to Compromise

Compromise is the premise of mediation. As much as you may want a divorce to go entirely your way, the reality is, there will be some give and take. You can make that process easier or more difficult by your willingness to compromise. When you approach divorce with more flexibility and fairness, that might also encourage your ex-spouse to do the same.

2 – Set Aside Emotions

We know that divorces are filled with emotion and it's nearly impossible to set that aside. However, when it comes to divorce negotiations, sometimes our emotions can get the best of us. As difficult as it may be, think of negotiations from a business perspective. How will one decision hurt or benefit your life after divorce? How does it fit with your overall goals? Will giving up one thing help you attain something else that's even more important? Looking at it from a risk versus reward perspective can help you make

better decisions.

3 – Communicate Your Thoughts and Opinions

Communication is key in any negotiation. Mediators are there to help you find common ground, but they can only do so if they understand where your position and the reasons behind them. Instead of giving yes or no answers to proposals, share why something is not acceptable or why you prefer a one option over another. Successful mediation is only possible with good communication, which is why communication is one of our top divorce mediation tips.

4 – Be Open to Creative Solutions

When divorce cases get in front of a judge, there are limited options considered. Judges don't have as much time to review cases or to come up with alternative solutions. Additionally, laws may restrict what judges can order. Since mediation occurs outside of formal court proceedings, they provide an opportunity to be more creative and flexible. Take advantage of this and be open to different ideas. It often leads to much better outcomes!

Summary of Divorce Mediation Tips

Mediation can be the best approach to a divorce. Using creative solutions, you can leverage the mediation process to achieve your set goals while saving time and money. This only works if you approach it with an open mind and a willingness to communicate and compromise. We hope these divorce mediation tips are helpful and that you can take advantage of the many [benefits of mediation in divorce](#). Please [contact us](#) to schedule a consultation with one of our Massachusetts family law attorneys. We can guide you through mediation and/or complex proceedings.

Benefits of Mediation in Divorce

Divorce can be lengthy, stressful, expensive, and complicated,... but it doesn't have to be. There are many ways to make it more amicable, which ultimately benefits everyone involved. One resource that couples can take advantage of is mediation. This involves an objective third party who facilitates negotiations and helps both parties come to a fair agreement. Here are some of the key benefits of mediation in divorce.

1 – Save Money

You've probably heard horror stories about how divorce can lead to financial ruin. As difficult as it may be to hear, this is often the result of either or both parties being too stubborn to make concessions to the other. Instead, excessive money is spent fighting it out in court. As much as you want to financially hurt your soon-to-be ex and/or stand your ground, it's important to realize that this ultimately hurts your own financial health. Significant money can be saved through mediation.

2 – Save Time

Mediation can also save time. Scheduling time with a mediator is easier and more flexible than formal court hearings. You can essentially have several mediation sessions within the same time frame as one hearing in front of a judge. If you and your ex approach mediation with in good faith, everything can be finalized much more quickly. Settling a divorce allows you to move on with the next stage of your life, so a quick resolution offers huge benefits.

3 – Reduce Stress

Divorce is probably one of the most stressful experiences in life. Mediation is designed to encourage cooperation and compromise, making it inherently less stressful. Rather than the argumentative approach of a court proceeding, mediation sessions are a less formal and calmer meeting between parties. The mediator's job is not to take sides or to decide who is right or wrong. Rather, it's to help you

and your ex find a comfortable middle ground.

4 – Maintain Privacy

One of the most essential benefits of mediation in divorce is to maintain privacy. Court proceedings and the corresponding documentation is all public record. Divorce is hard enough without everyone knowing your business. If you prefer to keep the details of your personal life and financial affairs private, mediation can help you do that. Mediation sessions are private. Thus, any information divulged and agreements made are not available to the public.

5 – Better Outcomes

Ultimately, mediation leads to better outcomes. As we mentioned before, if your focus is to hurt or punish your ex, you're ultimately hurting yourself. Draining his/her funds reduces your portion of those same assets. Asking family and friends to take sides to help argue your case in a contentious court battle can damage relationships. If you have children, their role in divorce proceedings can be psychologically and emotionally damaging for them. Mediation can be more peaceful, protect your children, and preserve other relationships in your life.

Additionally, when divorce cases get in front of a judge, there are few options available due to limited time and/or legal constraints. Mediation is more conducive to creative solutions, limited only by the willingness of the parties involved. Your relationship is unique and sometimes solutions need to be as well. This creates better outcomes for everyone involved.

Summary of Benefits of Mediation in Divorce

As you can see, there are many benefits of mediation in divorce. It all starts with your willingness to participate in it and to work towards finding common ground. Divorce can leave you stressed, broken, and financially distraught,... or it can leave you whole and with the resources to start a new chapter in your life. Consider

mediation as your choice of the latter. Regardless of which path you take, understanding your legal rights and options is essential. [Contact our team](#) of Massachusetts family law attorneys to discuss your impending divorce. Be sure to also read our article on [4 divorce mediation tips](#).

The Financial Impact of Divorce

Divorce is a life-changing experience. Beyond altering family ties, friendships, and living arrangements, there's also a financial consequence. Understanding the financial impact of divorce can help you better prepare for and recover from it. Below are a few examples of what may occur as a result of divorce.

Lower Credit Score

A lower credit score is a common result of divorce. This happens for several reasons. First, you and your ex-spouse may close joint accounts such as credit cards. 30% of your credit score is determined by the percentage of credit card balances compared to credit limits. By closing accounts, you reduce the amount of credit available, making any balances relatively higher.

For example, if you have \$30,000 in total available credit and a \$5,000 balance, you're using 16.67% of your available credit. If you close joint accounts with \$20,000 in limits, your remaining credit limit is \$10,000. Assuming you still carry a balance of \$5,000, you're now using 50% of your available credit. This will naturally reduce your credit score.

You can offset some of these negative changes by maintaining good payment history, paying down balances, and not opening too many new accounts.

Reduced Household Income

One of the biggest adjustments after divorce is living on a single income. Divorce will prompt you to re-evaluate your overall expenses, spending habits, and lifestyle. Taking smart steps during and after divorce can help you quickly adapt and thrive, despite the drastic change. Sit down with a financial planner to evaluate your income, expenses, assets, debts, and investment strategies. By creating a plan and making necessary adjustments, you can maintain a healthy financial balance.

Alimony/Child Support

Alimony and/or child support is another major financial impact of divorce. It may seem like a double hit since your household income was reduced and you're adding new debt obligations on top of that. Working with a good attorney to negotiate alimony and child support is extremely important to establishing an amount that is fair to both you and your ex-spouse. Also, if your circumstances change, your attorney can assist with renegotiating court ordered payments.

Less Retirement Savings

In many cases, divorcees find themselves contributing less to retirement savings. Funds are often diverted to alimony, child support, or living expenses. Meet with your investment advisor to discuss how you can offset reduced contributions while still adequately planning for future retirement. Changes in your investment portfolio may be helpful to achieving those future goals.

Other Tips on Minimizing the Financial Impact of Divorce

Mitigating the financial impact of divorce starts long before your divorce is completed. Everything from the moment you decide to get divorced will play a role in the eventual outcome. Working with a Massachusetts divorce attorney from the start can be extremely beneficial. Your attorney will guide you through making important decisions and understanding how each will affect your life after

divorce. If you do not already have a divorce attorney, [contact our team](#) to schedule a consultation.